



Item Number
68196

Product

Seitan, Traditional Bulk

Pack

CASE 4/5#

Product

Traditional Seitan

Ingredients: Vital wheat gluten, whole wheat flour, water, garlic, sea salt, onion, soy sauce. Preparation: Can be baked into your favorite recipes or for best results pan fry with a small amount of oil. Serving suggestions: In stir fry, stew, BBQ sandwiches. See recipe page for more ideas.